

'TURN DOWN THE VOLUME!'

Hitting Pause

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Psalm 46

Psalm 46:10 says *"Be still and know that I am God...."*

1. The command – Be _____ or stop _____.
2. The cause – _____ that ___ am God.
3. The context – times of _____ and _____.

The psalmist gives us our third step in turning down the volume:

_____.

STOP

Stop **speaking**

Stop **striving**

LOOK

Look to God's **Works**

Look to God's **Word**

LISTEN

Listen for your **white noise**

Listen for His **Voice**

A final thought: Turning down the _____ on the outside

helps you turn up the _____ on the inside!